

Vegetarian & Vegan Menu



Starters

Quinoa and Cashew Nut Salad

lime, mint, jalapeño vinaigrette, dried apricots, lettuce leaf cup

Pine Nut Tabbouleh

parsley, tomatoes, red onions, red and yellow bell pepper,
mint, olive oil, lemon juice, pine nuts

Vegetable Spring Roll

chili sauce

Vietnamese Vegetable Spring Roll

thai chili sauce

optional: with plant-based "chickin" strips

Tostadas

grilled vegetable and plant-based beef crumble with mexican salsa,
pimentos, grilled onion, tomatoes, cilantro, avocado

Mushroom Crostini

forest mushrooms, whole wheat crostini, dried cherries

Soups & Salads

Asian Noodle Soup

lime, ginger, mushrooms, bean sprouts,
rice noodles, vegetables, coconut milk

Tossed Fresh Garden Greens

red radish, green olives, tomato,
cucumber, celery, mushrooms

Roasted Butternut Squash Soup

cinnamon, nutmeg, onions, cranberry oil

Spicy Lentil and Garbanzo

Bean Salad

boston leaf lettuce, tomato, cucumber,
red onion rings

Roasted Tomato and Meatball Soup

plant-based beef meat balls, balsamic
reduction, basil

Roasted and Raw Carrot Salad

avocado, toasted cumin vinaigrette

Tortilla Salad

avocado, tomato, red beans,
with plant-based beef



Vegan



Gluten-Free



Contains Nuts



Mains

Baked Cheese Polenta 🌱

mushrooms, artichoke hearts, red beets, sautéed greens

Black Bean Burger 🌱

plant-based patty with mango salsa, frizzled onions,
cilantro rice, ratatouille

Chimichurri and Meatball Sandwich

plant-based meatball, tomato, onion, vegan cheese

Lemon Garlic Pasta

plant-based sausage, tomato, caper, vegan cheese

Asparagus, Carrot and Zucchini Tart

cheese custard, pastry shell, three-grain pilaf of lentil,
barley and wild rice

Grilled Portabello Mushroom with Zucchini Spaghetti 🌱 🌱

pomodoro-basil sauce

Vegetarian Jambalaya 🌱

creole rice with roasted spiced vegetables in a light tomato sauce

California Club

squashed avocado, spring onion, rösti, carrot ribbons and charred
sweetcorn with fries and spicy dip

Grilled Plant-Based Beef Taco

crispy corn taco shell, pimentos, grilled onion, tomatoes, cilantro,
avocado, vegan cheese

Broccoli and Mushroom Quiche

tahini, basil, tomatoes, broccoli, cauliflower

Curried Cauliflower Steak 🌱 🌱

saffron rice, poppadom